

## 9/2/25 "Should Women with HIV Breastfeed Their Exposed Infants?"

Presented by: Ann Petru, MD

Division Director, Infectious Diseases, Oakland  
Medical Director, HIV/AIDS Program, Oakland  
Pediatric Infectious Disease Physician  
UCSF Benioff Children's Hospital Oakland

*Planners expect learners to:*

1. Describe the challenges in preventing HIV infection in children.
2. Describe some of the arguments for or against breastfeeding infants of people with HIV.
3. List the appropriate tests used to diagnose HIV infection in infants born to parents living with HIV.
4. Identify reasons why allowing breastfeeding, when appropriate, removes implicit biases about the health status of women living with HIV infection.

## 9/9/25 "Sleep Challenges in Neurodivergent Children"

Presented by: Terry Katz, PhD

Senior Instructor, Pediatrics-Developmental  
University of Colorado Anschutz Medical Campus

*Planners expect learners to:*

1. Describe sleep challenges in neurodivergent children.
2. Recognize evidence-based practices that help improve sleep.
3. Use cultural considerations when addressing sleep problems in neurodivergent children.

## 9/16/25 "GI Problems in Autism: Clinical Implications & Harnessing the Microbiota-Gut-Brain Axis to Develop Novel Therapies" *This presentation will not be recorded.*

Presented by: Kara Margolis, MD

Associate Professor, Department of Pediatrics  
NYU Grossman School of Medicine

*Planners expect learners to:*

1. Detect some key signs of GI distress in autistic children.
2. Recognize some of the most common GI conditions in autistic children.
3. Examine recent data focusing on GI problems in autistic children.

## 9/23/25 "Promoting Health Through Culinary Medicine"

Presented by: Debora Duro, MD

Pediatric Gastroenterology, Pediatrics  
Broward Health, Ft Lauderdale, FL

*Planners expect learners to:*

1. Describe culinary medicine and its history.
2. Recognize the relationship between food and chronic diseases.
3. Examine the health benefits of the anti-inflammatory diet.

**Grand Rounds is by Zoom only. 8-9 am. Contact [cristina.fernandez@ucsf.edu](mailto:cristina.fernandez@ucsf.edu) for log-in information**

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

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For CME credit, evaluations must be completed and sent to [Cristina.Fernandez@ucsf.edu](mailto:Cristina.Fernandez@ucsf.edu) by 12pm the Friday after Grand Rounds.

## **9/30/25 "What Do We Know about GLP1 Receptor Agonists to Treat Children with Obesity?"**

Presented by: Ayca Erkin-Cakmak, MD, MPH

Pediatric Endocrinologist

UCSF Benioff Children's Hospitals

*Planners expect learners to:*

1. Use current guidance standards on the role of GLP-1 agonists in the management of pediatric obesity.
2. Differentiate benign and pathologic weight loss in children taking GLP-1 agonists.
3. Use appropriate communication to guide adolescents on achieving adequate nutrition while taking GLP-1 agonists.

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